

March 26, 2015

Kylie Lowen  
C/O Mrs. Vincent  
1441 11St. W.  
Havre, MT 59501

Stephen G. Burns, chairman:  
U.S. Nuclear Regulatory Commission  
Mail Stop O-16G4  
Washington, DC 20555-0001

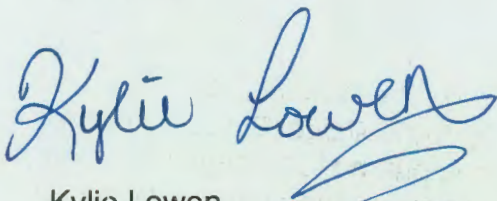
Dear Mr. Burns, chairman:

My name is Kylie Lowen and I am a seventh grader in life science at the Havre Middle School. I have been researching the radiation in microwaves and whether it is good for us or not. My suggestion to you is to get the radiation in microwaves lower because the radiation could be causing the cancer leukemia.

Cooking with microwaves or ovens is pretty much the same but using a microwave saves more of the nutrients than cooking on a stove top. Standing a few feet away from a microwave can still put off radiation towards you. But if you want to stay away from radiation and the nutrients loss in your food you should sauté your food. Sautéing your food is healthier for you and has less radiation. These are some of the websites I got my research from; <http://www.health.harvard.edu/staying-healthy/microwave-cooking-and-nutrition>, <http://articles.mercola.com/sites/articles/archive/2003/11/05/microwave-food.aspx>, and <http://www.globalhealingcenter.com/natural-health/why-you-should-never-microwave-your-food/>. Lastly my only suggestion for you is to put an ad out saying the things that come with a microwave such as radiation that could be linked to the cancer leukemia.

Thanks again for considering my suggestion. Again please consider my suggestion of putting out an ad out saying the possible risks of using a microwave. I would love if you would reply back to me with some answers.

Sincerely,



Kylie Lowen

Kylie Lauer  
C/O Mrs. Vincent  
1241 11st. W.  
Havre, MT 59501

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Stephen G. Burns, Chairman  
U.S Nuclear Regulatory Commission  
mail stop 0-1664  
Washington, DC 20555-0001

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